

## Consultation Form

Name: \_\_\_\_\_ Phone Number \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

### Your Health:

Are you experiencing any signs of Covid 19? \_\_\_\_\_

Have you undergone any surgery within the last year? \_\_\_\_\_

Have you had any of the following health problems in the past or present? Cancer \_\_\_\_\_ Diabetes \_\_\_\_\_

Spinal Injury \_\_\_\_\_ Varicose Veins \_\_\_\_\_ Heart Problems \_\_\_\_\_ Blood Clots \_\_\_\_\_

Are you pregnant or trying to become pregnant? \_\_\_\_\_ If yes what trimester are you in? \_\_\_\_\_

Are you experiencing pain? \_\_\_\_\_ If yes, where is the pain located: \_\_\_\_\_

Were you injured? \_\_\_\_\_ If yes, please describe how: \_\_\_\_\_

Have you had a massage/stretch session before? \_\_\_\_\_ What type of pressure do you prefer? \_\_\_\_\_

What would you like to achieve from your session today? \_\_\_\_\_

### Things to discuss with your Therapist each visit:

If any of the above medical conditions have changed. If you are now pregnant. If you have recently injured yourself If you started any new medication.

### Consent for Treatment

I confirm to the best of my knowledge that the answers I have given are correct and that I have not withheld any information that may be relevant to my treatment. If I experience any pain or discomfort during my session I will immediately inform the practitioner so that the pressure maybe adjusted. I further understand that massage/stretch should not be construed as a substitute for medical examination, diagnosis or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any physical ailments of which I am aware. I agree that Knead 2 Stretch nor the massage therapist will not be held liable for any injury or loss of person belonging.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_